THE JOURNEY: Being an effective Nurse Support Group Facilitator?

Renna McGinnis, RN  
Nurse Support Group Facilitator  
WV Restore Conference  
September 9, 2017
Follow the Yellow Brick Road........

http://www.youtube.com/watch?v=THbY7EL8k5w
Brains........

• What do you need to know?
Knowledge of

• The disease of addiction
• Who is the impaired nurse?
• Nurse Practice Act
• Group Dynamics
• Facilitator Guidelines
• Group Rules
  – Confidentiality
  – Attendance
  – Reports
  – IPN Obligations
Know your Participants

The Compliant Nurse

The Non-Compliant Nurse
Know your Participants

The Difficult Nurse

The Recovering Nurse
Heart

Characteristics of Group Leaders with “heart”

- Caring
- Consistency
- Good Listener
- Eye Contact
- Awareness of Moods
- Emotionally Available
- Humor
- Tears
- Tenacity
Courage

- How is courage reflected in your group?
  - Boundaries
  - Dare to be wrong
  - Respect
  - Set the tone
Team Work
Knowing your Team

- Nurse Participant
- Nurse Support Group Facilitator
- WVR Staff
- Employers
- Affinity/Lab Corp
We are NOT the Great and Powerful Oz!
Remember, you had the power all along!!!!!!

There's no place like home
Enjoy the Journey ......
Resources

1. Nurse Support Group Facilitators
2. WVR Staff
3. Facilitators Manual
4. The Impaired Nurse Resource Center/American Nurse Association (ANA)
5. National Council of Nurses
6. The Big Book-NA/AA