



WV Restore Monitoring Contracts Policy

Participants in WVR will be monitored for issues that could potentially impair or have impaired their ability to practice with reasonable skill and safety including: Substance Use Disorders, Psychiatric Disorders, and/or Cognitive Disorders.

When it has been determined that monitoring of an individual by WVR is appropriate, a Monitoring Contract will be formulated for each individual. The contract type, length, and requirements will be determined on an individual basis. The evaluation(s), psychological testing, past history, current reports, and other pertinent factors to each individual will be considered in determining the Monitoring Contract.

Monitoring Contracts may be initiated for the following, but not limited to:

1. Monitoring for diagnostic clarification for 12-24 months or more where there is concern for impairment issues, but no clear diagnosis can be made.
2. Substance abuse monitoring may be for 2 years or more.
3. Substance dependency monitoring may be for up to 5 years or more.
4. Mental health monitoring may be for up to 5 years or more.
5. CRNA monitoring may be for up to 5 years or more.
6. If warranted WVR monitoring may be extended for the length of licensure/certification (as in some mental health conditions).

The evaluation on the participant will be staffed and reviewed by the WVR Program Consultant and/or her designee to determine the need for WVR participation and monitoring.

If WVR monitoring is deemed appropriate, a Monitoring Contract will be drafted addressing the specific requirements needed for the participant to practice their profession with reasonable skill and safety.

Specific requirements to be addressed will include, but are not limited to the following:

- a. Reason for initiation of the Contract
- b. Treatment
- c. Use of alcohol or mood-altering substances
- d. Urine, blood, nail, or hair testing (all participants subject to for cause and reasonable suspicion testing)
- e. Psychological testing
- f. Neuropsychological testing
- g. Medical tests
- h. Psychotherapy
- i. Group therapy
- j. Medication management
- k. Psychiatrist
- l. Group facilitator
- m. Workplace supervisors/monitors
- n. Patient and staff surveys
- o. Self-help/mutual support groups
- p. Pain management services
- q. Continuing nursing education courses
- r. Follow up surveys during monitoring and post-monitoring
- s. Requirement to voluntarily withdraw from practice if requested.

The contract will be sent to the participant.

The participant will review, sign, and return the contract to WVR within 14 days.

The Monitoring Contract will be entered into the participant's electronic file.

The Monitoring Contract outlines monitoring reports required quarterly from the participant and other multiple sources including treatment provider(s), support group facilitators, and workplace supervisor(s).

If the participant does not return the WVR monitoring Contract within 14 days and/or refuses to sign the WVR Monitoring Contract, the case will be referred to the WVBOERP.